

Resilience to the health risks of extreme weather events in a changing climate in the United States

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Abstract:

Current public health strategies, policies, and measures are being modified to enhance current health protection to climate-sensitive health outcomes. These modifications are critical to decrease vulnerability to climate variability, but do not necessarily increase resilience to future (and different) weather patterns. Communities resilient to the health risks of climate change anticipate risks; reduce vulnerability to those risks; prepare for and respond quickly and effectively to threats; and recover faster, with increased capacity to prepare for and respond to the next threat. Increasing resilience includes top-down (e. g., strengthening and maintaining disaster risk management programs) and bottom-up (e. g., increasing social capital) measures, and focuses not only on the risks presented by climate change but also on the underlying socioeconomic, geographic, and other vulnerabilities that affect the extent and magnitude of impacts. Three examples are discussed of public health programs designed for other purposes that provide opportunities for increasing the capacity of communities to avoid, prepare for, and effectively respond to the health risks of extreme weather and climate events. Incorporating elements of adaptive management into public health practice, including a strong and explicit focus on iteratively managing risks, will increase effective management of climate change risks.

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Resource Description

Communication: M

resource focus on research or methods on how to communicate or frame issues on climate change; surveys of attitudes, knowledge, beliefs about climate change

A focus of content

Communication Audience: M

audience to whom the resource is directed

Health Professional, Policymaker

Early Warning System:

resource focus on systems used to warn populations of high temperatures, extreme weather, or other elements of climate change to prevent harm to health

Climate Change and Human Health Literature Portal

Low Socioeconomic Status

format or standard characteristic of resource

Resource Type: **№**

A focus of content Exposure: M weather or climate related pathway by which climate change affects health Extreme Weather Event, Temperature Extreme Weather Event: Drought, Flooding, Wildfires **Temperature:** Extreme Heat Geographic Feature: M resource focuses on specific type of geography None or Unspecified Geographic Location: M resource focuses on specific location **United States** Health Co-Benefit/Co-Harm (Adaption/Mitigation):

■ specification of beneficial or harmful impacts to health resulting from efforts to reduce or cope with greenhouse gases A focus of content Health Impact: M specification of health effect or disease related to climate change exposure Injury Intervention: M strategy to prepare for or reduce the impact of climate change on health A focus of content mitigation or adaptation strategy is a focus of resource Adaptation Population of Concern: A focus of content Population of Concern: M populations at particular risk or vulnerability to climate change impacts

Climate Change and Human Health Literature Portal

Research Article

Resilience: M

capacity of an individual, community, or institution to dynamically and effectively respond or adapt to shifting climate impact circumstances while continuing to function

A focus of content

Timescale: M

time period studied

Time Scale Unspecified

Vulnerability/Impact Assessment: ™

resource focus on process of identifying, quantifying, and prioritizing vulnerabilities in a system

A focus of content